



ShaRon Rea


The Family Relationship Expert

***With ShaRon you experience the JOY of LIVING,
Without the DRAMA of LIFE.***

Press Kit

ShaRon Rea




**The
Whole Family**
Coaching and Mentoring
Parents. Teens. Family. Life.

About ShaRon

ShaRon, Expert Mentor, Author, Speaker and Founder of **The Whole Family Coaching**, is a compassionate woman with a strong business background that encompasses more than 30 years' experience in the fields of communication, education, childcare, and public service. **ShaRon is an expert in parenting solutions for parents raising teens, co parenting after divorce, and parents committed to raising happy, well-adjusted children of any age.**

Children and Divorce: Parenting Tips to Help Your Family Cope and Adjust, ShaRon's first book is a quick-tips resource that lists specific behaviors children may display and actions parents can take to help them adjust to the family's new lifestyle after divorce. A point of pride for ShaRon is the co-creation of this book with her daughters who wrote the foreword and created the art work for ***Children and Divorce***.

ShaRon is also the founder and designer of a **global movement & charm - No Judgment. Just Love. ®** This precious charm can be worn or displayed as a reminder to see beyond a first impression, move from negative to positive and treat each other with unconditional love, respect and dignity.

Suggested Interview Questions

- Please tell us what brought you to this work after working in leadership positions with the Make-A-Wish ® Arizona Foundation and a Law Firm working with the New York State Legislature.
- You have been writing and facilitating workshops for parents in Arizona for years now. Tell our listeners about one of your signature programs - The Survival Kit for Parents of Preteens and Teens™.
- You are divorced, tell us that story and what are some lessons you've learned that helped you recover, find peace and a happy life parenting after divorce.
- You work with parents **after** divorce, what solutions have you found successful in the process of helping the children and creating a workable co-parenting relationship?
- You have a passion for helping single fathers too. Tell us more!
- Tell us about the Global Mission you are on inspiring people to live the message of **No Judgment. Just Love. ®** and the **No Judgment. Just Love. Charm, Tee Shirts & Hats**.
- What are the workshops you offer to help families relieve the frustration of not understanding each other?
- What are the 3 most important thoughts you want to leave with our listeners?
- Where can our listeners go to learn more and access services through The Whole Family Coaching and Mentoring?

**Book
ShaRon**

602.799.1617

**Kathleen@Sundance
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Positive Family Relationships Begin With You.™



What People are saying about ShaRon!

"I have known ShaRon in the community for over 16 years and have followed her career as a Life Coach. When I faced the need to redirect my life from "what I thought it would be" to "what it can be", I felt ShaRon was the woman to be by my side. I have seen counselors in the past. What ShaRon contributes is far more than any counselor.

In just an hour, ShaRon focused me not only on the issues I came in the door with but also gave me positive tools to not just "get through" but "flourish" in my current life situation and, better... start my "next 20 years" plan. I walked out singing "I'm So Excited". I haven't felt excited for years. Thanks to ShaRon, I face my future with renewed delight and hope. Get ShaRon in you back pocket. She is priceless!"

– K.M., Business Woman, Scottsdale, AZ

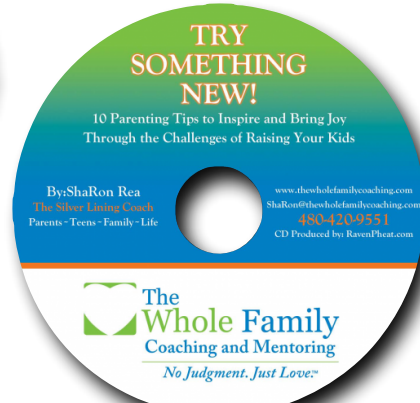
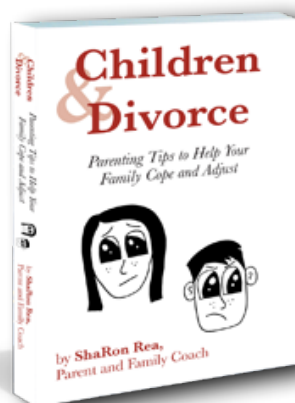
ShaRon has a passion for helping others achieve their personal best. The effective communication tools that ShaRon provides not only help those under her direct guidance, but they also go beyond to promote positive communication between parents, students and teachers. Difficult relationships between parents can have a negative impact on a child's learning and communication between home and school. ShaRon helps families and learning communities to develop positive relationships with one's self and each other.

~ Sherri Smith-Dodgson,
Discover Science 4 Kids/Miss Science

ShaRon Rea is an amazing talent, but a woman of high integrity in her passion to helping families grow together. ShaRon has truly been an inspiration to me being a single full-time dad, and has guided me with love and support. I highly endorse ShaRon Rea in her work of reaching families for the better. It's worth the time and investment. Thank you ShaRon for your love and support for me & the kids.

~ Travis Angry,
Movie Producer & Founder at TA Pictures, LLC

As The Family Relationship Expert, ShaRon empowers with turning-point-insights and guidance that lead to enjoying happier, more fulfilling relationships for parents with teens, and families in transition after divorce. In other words, she helps you find "The Silver Lining" of these difficult situations. You just need to know where to look.



Book ShaRon Today: Kathleen@SundanceOnSuccess.com

ShaRon's Keynote Topics

- **The Survival Kit for Parents of Preteens and Teens.**
- **Communication is the Key to Every Successful Relationship**
- **The Whole Family - Healing After Divorce**
- **One Family: Two Different Parenting Styles**
- **No Judgment. Just Love ®; It's Time.**

ShaRon Provides Custom Workshops!

- **Parents of teens** – teaching techniques that enhance the bonds between parents and teens.
- **Parenting after divorce** – working toward positive relationships with your former spouse, your child's "forever" parent.
- **Single parents** – committed to raising happy, well-adjusted children whether the other parent is active in the child's life or not
- **Overall, happy parents** who have good relationships with their kids, but want parenting tools to help them stay "ahead of the game"
- **Parenting Parties** – Ask about Parenting Parties! Private in your home, customized to your needs and fun!

The Benefits of ShaRon's Work

Children Achieve

- Greater self confidence – self esteem
- Coping skills
- More success in school, sports, and beyond
- A positive attitude
- Confident communication abilities
- Enjoy being a kid...teen...young adult!

Families Triumph

- Peaceful home through enhanced family bonds
- Common vocabulary for effective communication
- Family members feel safe, loved and accepted
- Family Values defined
- Responsible and cooperative family members
- High quality of life – more fun!

Parents Gain

- Improved parenting skills
- A variety of techniques to manage day to day challenges
- Greater understanding of their child's development
- Ability to prevent problems before they escalate
- More time for yourself
- Enjoy being a parent!

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